



# Handmaidens

*“Behold, I am the **handmaid** of the Lord.  
May it be done to me according to your word.”*

*(Luke 1:38)*



*Chosen & Blessed:  
Receiving the Gift of God*

**Handmaidens** is a faith formation group for single women ages 18 - 35 who desire to cultivate a deeper relationship with Our Lord and walk the faith journey alongside other women. This program is also dedicated to helping young women cultivate a deeper appreciation and understanding of their dignity and vocation as women. Formation and living holiness in the world are nurtured and supported through conferences given by the Carmelite Sisters, prayer, Eucharistic Adoration, praise & worship, fellowship, service, and a shared potluck meal.

September 14, 2019 (5:00 - 9:00 p.m.) **Introduction/Game Night** – St. Joseph’s Campus

October 13, 2019 (11:00 - 4:30 p.m.) **Boutique Bake-a-thon** – Sacred Heart Retreat House

November 16, 2019 (5:00 - 9:00 p.m.) **“Filled to Overflowing”** – Santa Teresita, Duarte

December 21, 2019 (9:45 - 4:30 p.m.) **Advent Day of Prayer** – St. Joseph’s Campus

“Mary, Spouse of the Holy Spirit – Learning Our Mother’s Receptivity”

“Mary, Our Refuge – Receiving a Mother’s Love”

- followed by vespers, Las Posadas, dinner and caroling in the neighborhood with the Sisters!

January 25, 2020 (5:00 - 9:00 p.m.) **“Saturated in Scripture”** – Santa Teresita, Duarte

February 15, 2020 (4:30 - 8:30 p.m.) **“Embraced by Mercy”** – Marycrest Manor, Culver City

March 21, 2020 (5:00 - 9:00 p.m.) **“Be the Gift”** – St. Joseph’s Campus

April 26, 2020 (4:00 - 7:30 p.m.) **Handmaidens Beach Trip** – Pointe Vincente Interpretive Center,

31501 Palos Verdes Dr W, Rancho Palos Verdes, CA 90275

Talks based on Bible Study from Walking With Purpose, Opening Your Heart Series, Part II, “Unshaken”

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