



# *Join Handmaidens*

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Theme for 2018-2019:

## *Beloved and Free*

*Living in His Gaze*



**Handmaidens** is a faith formation group for single women between the ages of 18 and 35. This program is dedicated to helping young women cultivate a deeper relationship with our Lord, as well as a greater understanding and appreciation of the dignity of their vocation as women. Formation and living holiness in the world is supported and nurtured through fellowship, service, adoration, prayer, and conferences given by the Carmelite Sisters and chosen laity.

- September 22, 2018 (5:00 - 9:00 p.m.) **Introduction/Game Night** – St. Joseph’s Campus
- October 14, 2018 (11:00 - 5:00 p.m.) **Handmaidens Bake-a-thon** – Sacred Heart Rertreat House Kitchen
- November 17, 2018 (5:00 - 9:00 p.m.) **“Delight of the Father”** – Santa Teresita, Duarte
- December 22, 2018 (10:00 - 8:30 p.m.) **Handmaidens Advent Day of Prayer**  
**“Who Do You Say That I Am?”** and **“I Have Called You Friend”**  
– St. Joseph’s Campus, followed by Las Posadas, dinner, and caroling with the Carmelite Sisters
- January 26, 2019 (5:00 - 9:00 p.m.) **“Authenticity in Prayer”** – Santa Teresita, Duarte
- February 16, 2019 (4:30 - 8:30 p.m.) **“Strength in Weakness”** – Marycrest Manor, Culver City
- March 23, 2019 (5:00 - 9:00 p.m.) **“Sanctified By Grace”** – St. Joseph’s Campus
- May 5, 2019 (3:00 - 7:30 p.m.) **Handmaidens Beach Trip** – Pointe Vincente Interpretive Center, Rancho Palos Verdes; 31501 Palos Verdes Dr W, Rancho Palos Verdes, CA 90275
- Talks based on Bible Study from Walking With Purpose Opening Your Heart Series Part 1, “Beloved”

Sister Elizabeth Therese, O.C.D. | 626.300.8938 | [joyofcarmel@outlook.com](mailto:joyofcarmel@outlook.com)  
[www.facebook.com/Handmaidens4Christ](http://www.facebook.com/Handmaidens4Christ)

**Carmelite Sisters of the Most Sacred Heart of Los Angeles**

920 East Alhambra Road, Alhambra, California 91801 | 626.289.1353 | [www.carmelitesistersocd.com](http://www.carmelitesistersocd.com)