

## EXPOSITION HYMN

O Bread of Angels made of men below  
All gifts of ancient times this bread will now bestow  
O wonder unsurpassed, poor, humble people all  
Eat the Flesh of the Lord, their God.

O Godhead Three in One, we one together pray  
That as we come to You, You too will come and stay  
And by Your holy ways lead us unto the day  
Where You dwell in eternal light.

## PRAYER (All together)

O sweet Jesus! Who has given us, in the adorable Eucharist, so convincing a proof of Your infinite love, permit us to thank You, in the name of all Your creatures, for the blessings included in this one precious gift. We adore You, hidden Lord and most ardently wish we could offer You such love as would atone for our own offenses, and those committed by all mankind, against this most sweet mystery. We firmly promise to become more fervent and devoted adorers of this Sacrament of love, and to take Your Eucharistic life for the rule and model of ours. Give us grace to honor Your silence on our altar, by the spirit of recollection and prayer; Your poverty, obedience, and sanctity, by detachment from all things, renunciation of self-will, and horror of sin; above all, we beseech You, O Living Bread of eternal life to remove all obstacles to our more fruitfully and worthily receiving You; and to grant us so tender a devotion to this sweet mystery that our hearts and thoughts may ever be turned to You, present on our altars, and every action of our lives be directed to the perfect accomplishment of Your holy will. Amen.

## BEGIN ROSARY

### FIRST DECADE - The Resurrection

## HYMN

Jesus, my Lord, my God, my all  
How can I love Thee as I ought?  
And how revere this wondrous gift,  
So far surpassing hope and thought?

*Sweet Sacrament, we Thee adore,  
O make us love Thee more and more  
O make us love Thee more and more.*

Had I but Mary's sinless heart  
to love Thee with my dearest King  
Oh with what bursts of fervent praise  
Thy goodness, Jesus, would I sing!

### SECOND DECADE - The Ascension

## REFLECTION

"Mystery of Faith" from Minute Meditations  
by J.E. Moffatt, S.J.

How small and still the tiny white Host on the altar! No sound is heard, no movement is perceived, no faint evidence of life can I behold. But, oh, the wondrous truths my faith reveals to me! Hidden beneath the veil of this wonderful Sacrament is God, my infinite Creator. Here is Jesus, Mary's Son, Who, when the fullness of time was come, came down from heaven and was born of His Virgin Mother in the stable of Bethlehem. This is He who lived His hidden life with Mary and Joseph, and, though He was their God, "was subject to them." This is the same Jesus before me on the altar, Who for three precious years went up and down the countryside doing good to all - cheering the sorrowful, pardoning sinners, healing the sick, and even raising the dead to life. And awesome thought! In the Host before me is the same Jesus Who bore the horrors of His Sacred Passion to atone for my sins. Here is that sacred brow that was crowned with piercing thorns. Here are those divine eyes so often filled with tears of sorrow at the thought of the sins of men. Here is that lovely face once cruelly disfigured by blood and spittle. Here is that Divine Heart pierced by the soldier's lance, now throbbing and burning with love for me. Here are those blessed hands and feet once pierced with nails and fastened to the wood of the cross. Sweet Sacrament, we Thee adore; oh, make us love Thee more and more.

### **THIRD DECADE - The Descent of the Holy Spirit**

#### **HYMN**

Let us come to the table of the Lord, He bids us pause and leave our troubles here. As we bow in pray'r, the comfort of these words gives us strength to lay aside our fears.

*Take and eat, this is His body; take and drink, this is His blood; Freely given for you and for me. Take and eat, this is the promise; take and eat this is the love; this is the hope that can set our spirits free, if we truly believe.*

As we rise to go in different ways, although we all have sep-rate lives to live, we are joined as one in communion with our Lord by this gift which He alone can give.

### **FOURTH DECADE - The Assumption**

#### **REFLECTION**

**from a work by St. Thomas Aquinas**

Since it was the will of God's only-begotten Son that men should share in His divinity, he assumed our nature in order that by becoming man He might make men gods. Moreover, when He took our flesh He dedicated the whole of its substance to our salvation. He offered His body to God the Father on the altar of the cross as a sacrifice for our reconciliation. He shed His blood for our ransom and purification, so that we might be redeemed from our wretched state of bondage and cleansed from all sin. But to ensure that the memory of so great a gift would abide with us for ever, He left His body as food and His blood as drink for the faithful to consume in the form of bread and wine.

O precious and wonderful banquet, that brings us salvation and contains all sweetness! Could anything be of more intrinsic value? Under the old law it was the flesh of calves and goats that was offered, but here Christ Himself, the true God, is set before us as our food. What could be more wonderful than this? No other sacrament has greater healing power; through it sins are purged away, virtues are increased, and the soul is enriched with

an abundance of every spiritual gift. It is offered in the Church for the living and the dead, so that what was instituted for the salvation of all may be for the benefit of all. Yet, in the end, no one can fully express the sweetness of this sacrament, in which spiritual delight is tasted at its very source, and in which we renew the memory of that surpassing love for us which Christ revealed in His passion.

It was to impress the vastness of this love more firmly upon the hearts of the faithful that our Lord instituted this sacrament at the Last Supper. As He was on the point of leaving the world to go to the Father, after celebrating the Passover with his disciples, he left it as a perpetual memorial of His passion. It was the fulfillment of ancient figures and the greatest of all His miracles, while for those who were to experience the sorrow of His departure, it was destined to be a unique and abiding consolation.

### **FIFTH DECADE - The Coronation of our Blessed Mother as Queen of Heaven and Earth**

#### **HAIL, HOLY QUEEN**

#### **LITANY**

#### **TIME FOR SILENT REFLECTION**

**CORPUS CHRISTI**  
**Solemnity**

**Evening Prayer I**

(Stand)

God, come to my assistance

--*Lord, make haste to help me.*

*Glory be to the Father, and to the Son, and to the Holy Spirit:*

*as it was in the beginning, is now, and will be for ever. Amen.*

*Alleluia.*

**Hymn**

*I shall praise the Savior's glory,  
Of His flesh the mystery sing,  
And the blood, all price excelling,  
Shed by our immortal King:  
God made man for our salvation,  
Who from Virgin pure did spring.*

*Word made flesh, true bread of heaven  
By His word made flesh to be;  
From the wine His blood is taken,  
Though our senses cannot see;  
Faith alone which is unshaken  
Shows pure hearts the mystery.*

**PSALMODY**

**Ant. 1** The Lord is compassionate; *He gives food to those  
who fear Him as a remembrance of His great deeds.*

**Psalm 111**

I will thank the Lord with all my heart (/sut)  
**in the meeting of the just and their assembly.**  
**Great are the works of the Lord;**  
**to be pondered by all who love them.**

Majestic and glorious His work,  
His justice stands firm for ever.  
He makes us remember His wonders.  
The Lord is compassion and love.

**He gives food to those who fear Him;**  
**keeps His covenant ever in mind.**  
**He has shown His might to His people**  
**by giving them the lands of the nations.**

His works are justice and truth:  
His precepts are all of them sure,  
standing firm for ever and ever:  
they are made in uprightness and truth.

**He has sent deliverance to His people**  
**and established His covenant for ever.**  
**Holy His name, to be feared.**

To fear the Lord is the first stage of wisdom;  
all who do so prove themselves wise. (Stand)  
His praise shall last for ever!

**Glory be to the Father, and to the Son, and to the Holy Spirit:**  
as it was in the beginning, is now, and will be forever. Amen.

**Ant.** The Lord is compassionate; *He gives food to those who  
fear Him as a remembrance of His great deeds.*

**Ant. 2** The Lord brings peace to His Church, *and fills us  
with the finest wheat.*

**Psalm 147:12-20**

O praise the Lord, Jerusalem! (Sit)  
Zion, praise your God!

**He has strengthened the bars of your gates,**  
**He has blessed the children within you.**  
**He established peace on your borders,**  
**He feeds you with finest wheat.**

He sends out His word to the earth  
and swiftly runs His command.  
He showers down snow white as wool,  
He scatters hoar-frost like ashes.

**He hurls down hailstones like crumbs.  
The waters are frozen at His touch;  
He sends forth His word and it melts them:  
at the breath of His mouth the waters flow.**

He makes His word known to Jacob,  
to Israel His laws and decrees.  
He has not dealt thus with other nations; (Stand)  
He has not taught them His decrees.

**Glory to the Father, and to the Son, and to the Holy Spirit:**  
as it was in the beginning, is now, and will be for ever. Amen.

**Ant.** The Lord brings peace to His Church, *and fills us with the finest wheat.*

**Ant. 3** Truly I say to you: *Moses did not give you the bread from heaven; my Father gives you the true bread from heaven, alleluia.*

**Revelation 11:17-18; 12:10b-12a**

We praise You, the Lord God Almighty, (Sit)  
**who is and who was.  
You have assumed Your great power,  
You have begun Your reign.**

The nations have raged in anger,  
but then came Your day of wrath  
and the moment to judge the dead:  
The time to reward Your servants the prophets  
and the holy ones who revere You,  
the great and the small alike.

**Now have salvation and power come,  
the reign of our God and the authority  
of His anointed One.  
For the accuser of our brothers is cast out,  
who night and day accused them before God.**

They defeated him by the blood of the Lamb  
and by the word of their testimony;  
love for life did not deter them from death.  
So rejoice, you heavens, (Stand)  
and you that dwell therein!

**Glory to the Father, and to the Son, and to the Holy Spirit:**  
as it was in the beginning, is now, and will be for ever. Amen.

**Ant.** Truly I say to you: *Moses did not give you the bread from heaven; my Father gives you the true bread from heaven, alleluia.*

**READING (Sit) 1 Corinthians 10:16-17**

Is not the cup of blessing we bless a sharing in the blood of Christ? And is not the bread we break a sharing in the body of Christ? Because the loaf of bread is one, we, many though we are, are one body, for we all partake of the one loaf.

**RESPONSORY**

He gave them bread from heaven, alleluia, alleluia.  
*--He gave them bread from heaven, alleluia, alleluia.*  
Man has eaten the bread of angels,  
*--alleluia, alleluia.*  
Glory to the Father, and to the Son, and to the Holy Spirit:  
*--He gave them bread from heaven, alleluia, alleluia.*

**CANTICLE OF MARY**

**Ant.** How kind and gentle You are, O Lord. *You showed Your goodness to Your sons by giving them bread from heaven. You filled the hungry with good things, and the rich You sent away empty.*

My soul proclaims the greatness of *the Lord,*  
**my spirit rejoices in God my Savior**

for He has looked with favor on His lowly *servant.*  
From this day all generations will *call* me blessed:

**the Almighty has done great things for me,  
and holy is His Name.**

He has mercy on those who *fear* Him  
in every *generation.*

**He has shown the strength of His arm,  
He has scattered the proud in their conceit.**

He has cast down the mighty from *their* thrones,  
and has lifted *up* the lowly.

**He has filled the hungry with *good things*,  
and the rich He has sent *away empty*.**

He has come to the help of His servant Israel  
for he has remembered His *promise* of mercy,

**the promise He made to our fathers,  
to Abraham and his children for ever.**

Glory to the Father, and to *the* Son, and to the *Holy* Spirit:  
**as it was in the beginning, is now, and will be for ever. Amen.**

**Ant.** How kind and gentle You are, O Lord. *You showed  
Your goodness to Your sons by giving them bread from  
heaven. You filled the hungry with good things, and the  
rich You sent away empty.*

### INTERCESSIONS

Christ invites all to the supper in which He gives His body and  
blood for the life of the world. Let us ask Him:

*Christ, the bread of heaven, grant us everlasting life.*

Christ, Son of the living God, You commanded that this  
thanksgiving meal be done in memory of You,  
*--enrich Your Church through the faithful celebration of  
these mysteries.*

Christ, eternal priest of the Most High, You have commanded  
Your priests to offer Your sacraments,  
*--may they help them to exemplify in their lives the  
meaning of the sacred mysteries which they celebrate.*

Christ, bread from heaven, You form one body out of all who  
partake of the one bread,  
*--refresh all who believe in You with harmony and peace.*  
Christ, through Your bread You offer the remedy for immortality  
and the pledge of future resurrection,  
*--restore health to the sick and living hope to sinners.*

Christ, our king who is to come, You commanded that the  
mysteries which proclaim Your death be celebrated until You  
return,  
*--grant that all who die in You may share in Your  
resurrection.*

Our Father . . .

### Prayer

Lord Jesus Christ, we worship You living among us in the  
sacrament of Your body and blood. May we offer to our Father in  
heaven a solemn pledge of undivided love. May we offer to our  
brothers and sisters a life poured out in loving service of that  
kingdom where You live with the Father and the Holy Spirit, one  
God, for ever and ever.

*Amen.*

May the Lord bless us, protect us from all evil, and bring us to  
everlasting life.

*Amen.*

### Reposition Hymn

I love You, Lord, and I lift my voice to worship You, oh my soul  
rejoice. Take joy my King in what you hear, let it be a sweet,  
sweet sound in Your ear.

**I am  
the bread  
of life.**