



“¡Adelante, buen barquero,  
que nuestro Amor nos espera a la orilla!”

“Let us go forward, good seaman,  
for our Love is waiting on the seashore!”

~ Venerable Mother Luisita, Foundress

## HOW ARE THE FUNDS USED?

Donations given through *Carmelite Ambassadors* are used for the following:

- ☞ To support our younger sisters in formation
- ☞ To support our sisters' educational training
- ☞ To support our elderly sisters who are needing care
- ☞ To support the most urgent needs at Carmelite Apostolic Centers

To learn more about  
joining *Friends of Carmel* or  
about becoming a *Carmelite Ambassador*,  
please contact us:

**Office of Mission Advancement**  
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[advancement@carmelitesistersocd.com](mailto:advancement@carmelitesistersocd.com)

or visit our website:  
[www.carmelitesistersocd.com/Friends/](http://www.carmelitesistersocd.com/Friends/)

*May God Reward You!*



*Friends of*  
**CARMEL**  
*Miami* 



*“Now is the time to sow the seeds  
that we will reap in Heaven.”*

*~ Venerable Mother Luisita, Foundress*



## MISSION STATEMENT *of the Friends of Carmel*

As *Friends of Carmel*, we support the Carmelite Sisters of the Most Sacred Heart of Los Angeles through the sharing of time, talent and treasure in their mission of fostering the spiritual life through healthcare, education and retreats.

## CARMELITE SISTERS OF THE MOST SACRED HEART OF LOS ANGELES

The Carmelite Sisters, through loving service overflowing from their lives of prayer, promote a deeper spiritual life among God’s people through education, healthcare, and retreats. Rooted in the monastic tradition of Carmel, the Sisters’ life and mission are in service of the Catholic Church, given in the name of Christ for God’s glory, the salvation of souls and the betterment of our world.

The Sisters currently serve in three healthcare facilities, eight schools, two early-learning centers and a retreat center with two campuses, from Los Angeles, California to Miami, Florida.

## UNDERLYING PRINCIPLES *of Friends of Carmel*

- ☞ Value the primacy of spirituality in one’s life
- ☞ Recognize the profound value of the witness of religious sisters to the world
- ☞ Appreciate Catholic education
- ☞ Desire to protect the sanctity of life, particularly the vulnerable senior members of our society
- ☞ Wish to support family unity and family values

## CARMELITE AMBASSADORS

*For Friends of Carmel who wish to give financial support:*

In his Second Letter to the Corinthians, St. Paul uses the term “ambassadors” exhorting the people to become “*Ambassadors for Christ*”. In the same way, those who are drawn by the Carmelite spirit and desire to support the life and works of the Carmelite Sisters in a financial way, are invited to become Ambassadors. *Carmelite Ambassadors* make a financial commitment of \$10 monthly or more than \$100 a year to support the life and works of the Carmelite Sisters.

## WHAT DO CARMELITE AMBASSADORS RECEIVE?

- ☞ Daily remembrance in the prayers and sacrifices of the Carmelite Sisters
- ☞ Annual Mass offered for their intentions
- ☞ Opportunities for spiritual growth
  - ☞ E-blast once a month or special reflections/upcoming news/event updates
  - ☞ Other examples of spiritual benefits particular to the Chapter
- ☞ Day of prayer
- ☞ Spiritual talks
- ☞ Receive bi-annual *Spirit of Carmel* publication
- ☞ Invitation to Carmelite sponsored activities in the local area
- ☞ Special Holy Hours with the Carmelite Sisters